

**PARTICIPANT MUST COMPLETE  
THIS FORM PRIOR TO THE  
ACTIVITY.**

**THIS FORM MUST BE SIGNED  
BY PARENT/GUARDIAN IF  
UNDER 18 YEARS OF AGE.**



### **ACKNOWLEDGMENT AND ASSUMPTION OF RISKS**

In consideration of Dancing Creek: Adventures in Balance (Dancing Creek) permitting me to attend or participate in a certain workshop and/or to use certain facilities, equipment and premises. I understand, acknowledge and agree as follows:

The activities offered by Dancing Creek include the use of a Challenge Ropes Course and Climbing Wall(s) and related equipment and activities. The activities, premises and equipment may expose me to certain risks. Hazards and risks include falls, abrupt and possibly damaging contact with fixed objects and other persons; anxieties or fears which may accompany activities at heights which may reach 20 feet; close contact with other participants including the possibility of inadvertent and unwelcome touching; the carelessness of other participants and misassessment and misjudgments on the part of the staff of Dancing Creek; the failure of structures and equipment and the unpredictable forces of nature.

I further understand that injuries, both emotional and physical can result from the activities. I understand that I may suffer bodily injury including breaks, sprains and strains, bruises and other contusions and in extreme cases, emotional upset, anxiety and even death.

I understand that I may choose not to participate and may withdraw from an activity for any reason whatsoever.

To my knowledge I have no physical or emotional condition which would cause me to be a risk to myself or others.

Understanding the activities, risks and possible losses or outcomes, and acknowledging that the risks described are inherent in the activities, and that other risks may exist, I nevertheless assume all such risks, inherent or otherwise, whether or not described above, and voluntarily choose to participate in these activities. **This is an expressed assumption of risk and, to the fullest extent allowable by law, it is my intent that by assuming such risks I relieve Dancing Creek and others associated with it from any duty to protect me from such risks.**

I have carefully read this document and have voluntarily signed it to reflect my full agreement to its terms.

If the participant is less than 18 years of age, a parent or guardian must sign below reflecting his or her agreement as follows:

- a) That the parent or guardian has explained to the child, to the extent necessary, the nature of the activities, the hazards and the possible outcomes and the child has confirmed that he or she is participating voluntarily and wishes to assume all such risks, inherent or otherwise.
- b) That the parent joins in all agreements set forth above, releasing any claims he or she may have arising out of any loss or injury to the child.
- c) That the parent or guardian enters into this agreement on behalf of himself or herself and on behalf of the minor child.

---

Participant Signature

---

Participant Name

---

Date

---

Parent or Guardian Signature (if less than 18 years of age)

---

Witness